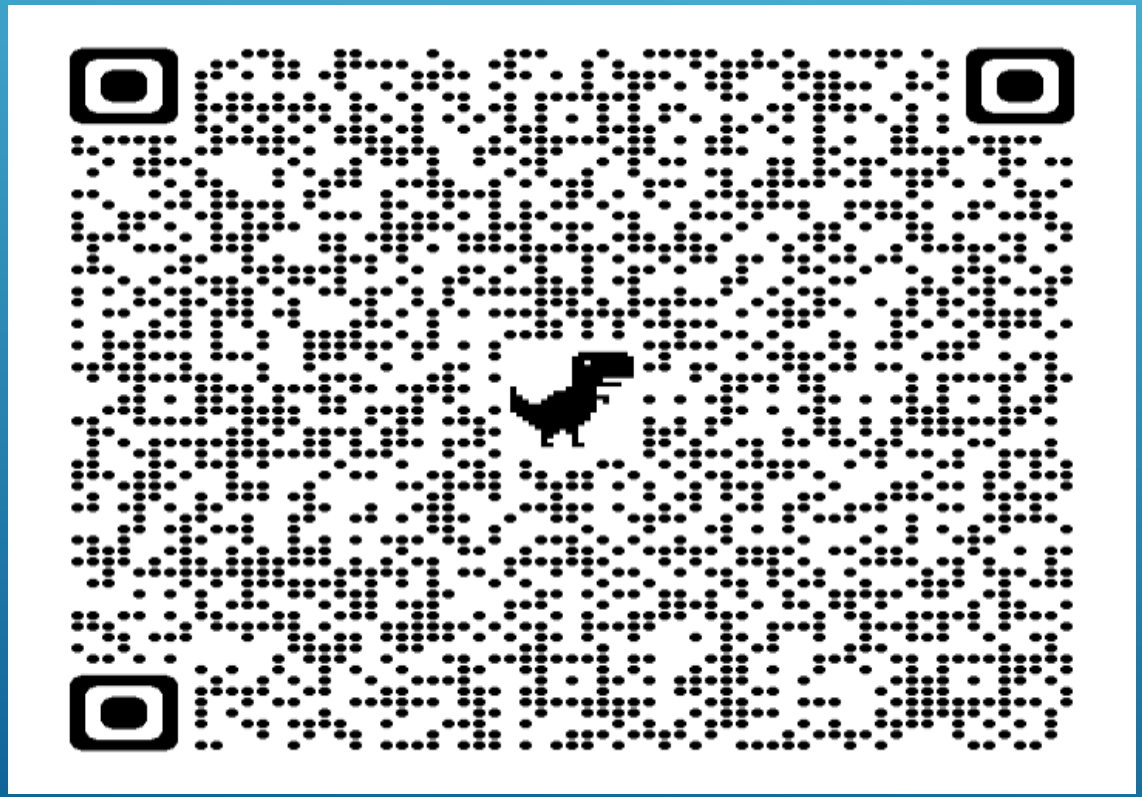
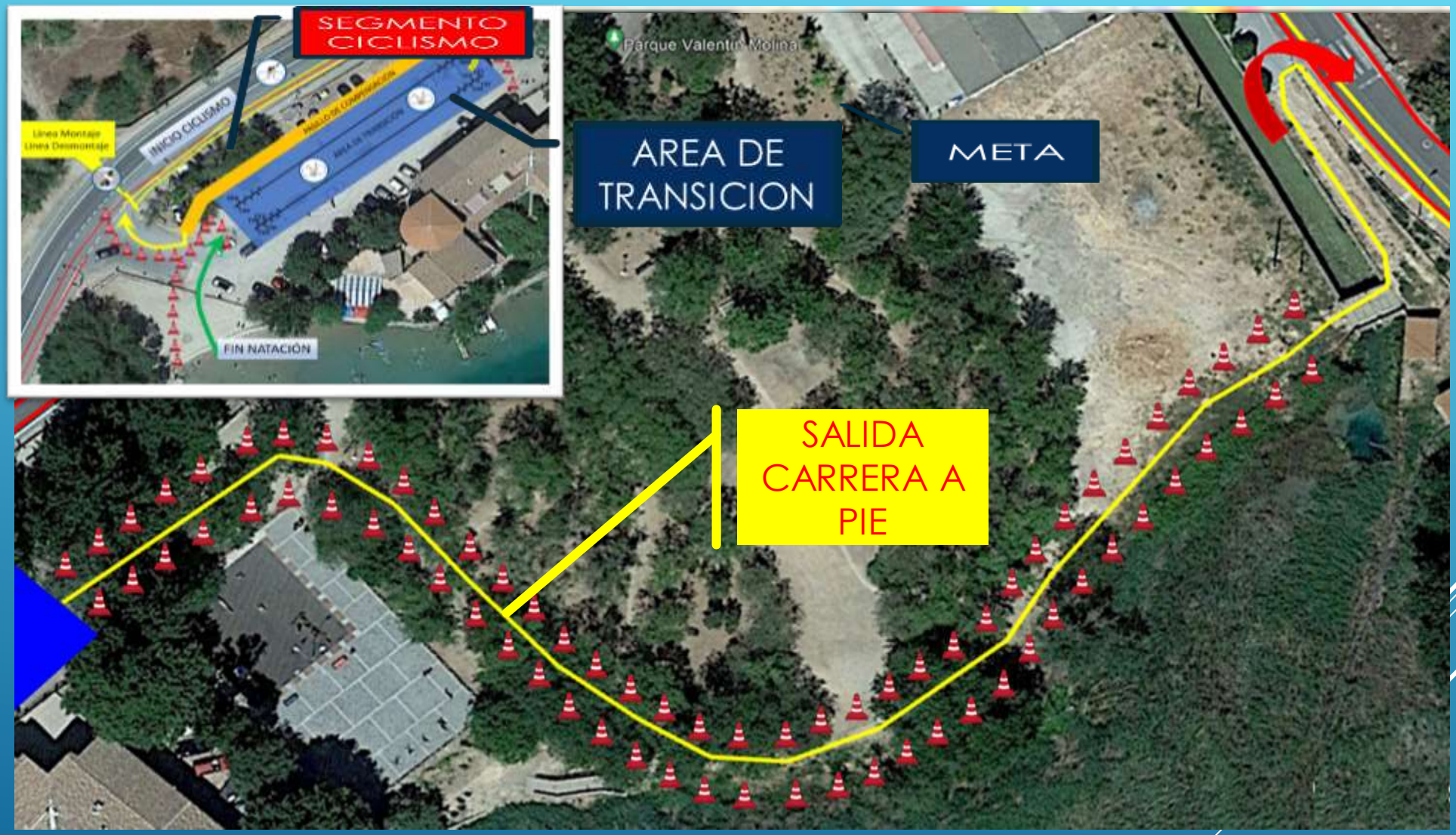
TRIRUIDERA 2023



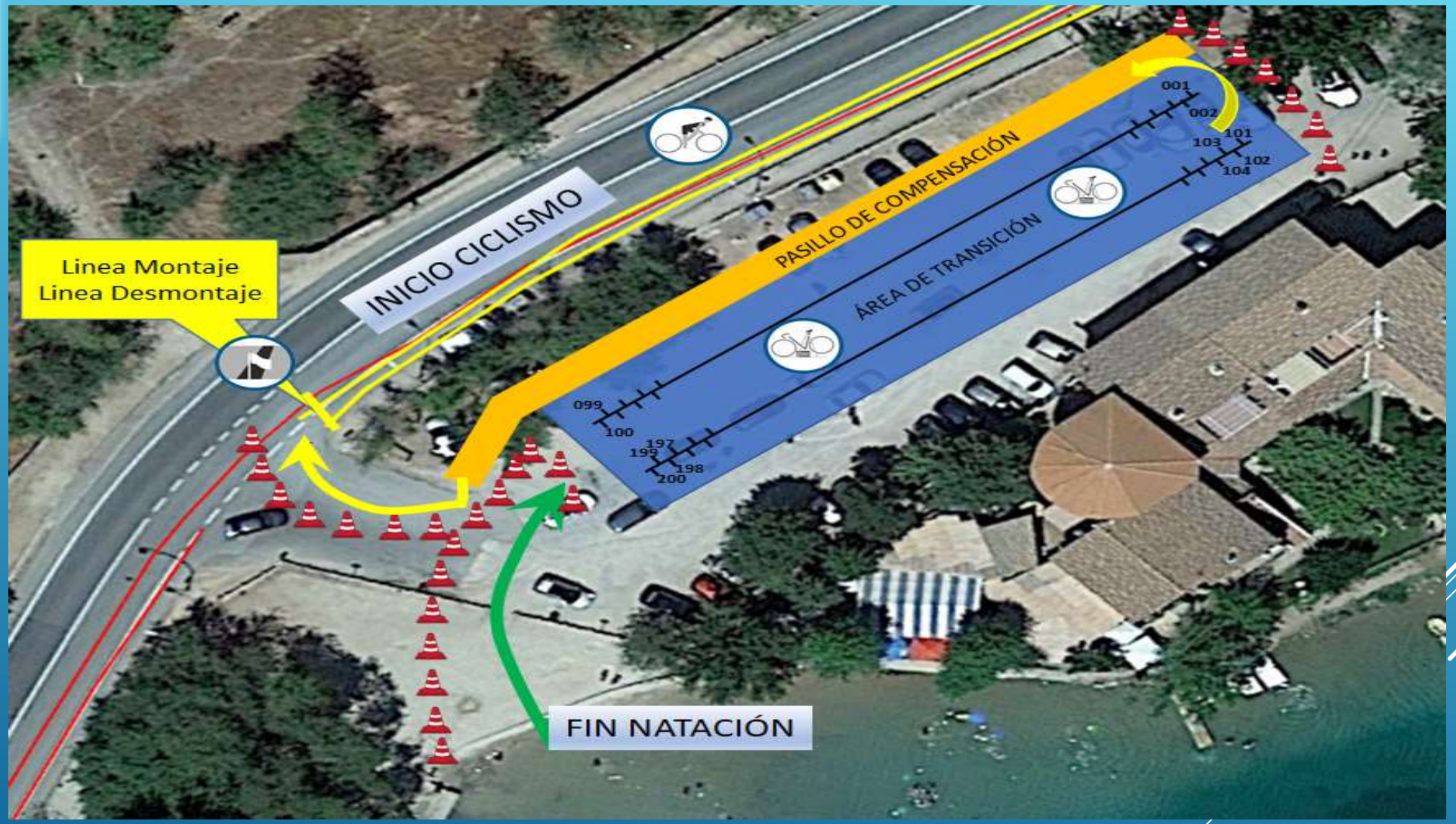
PLANO GENERAL



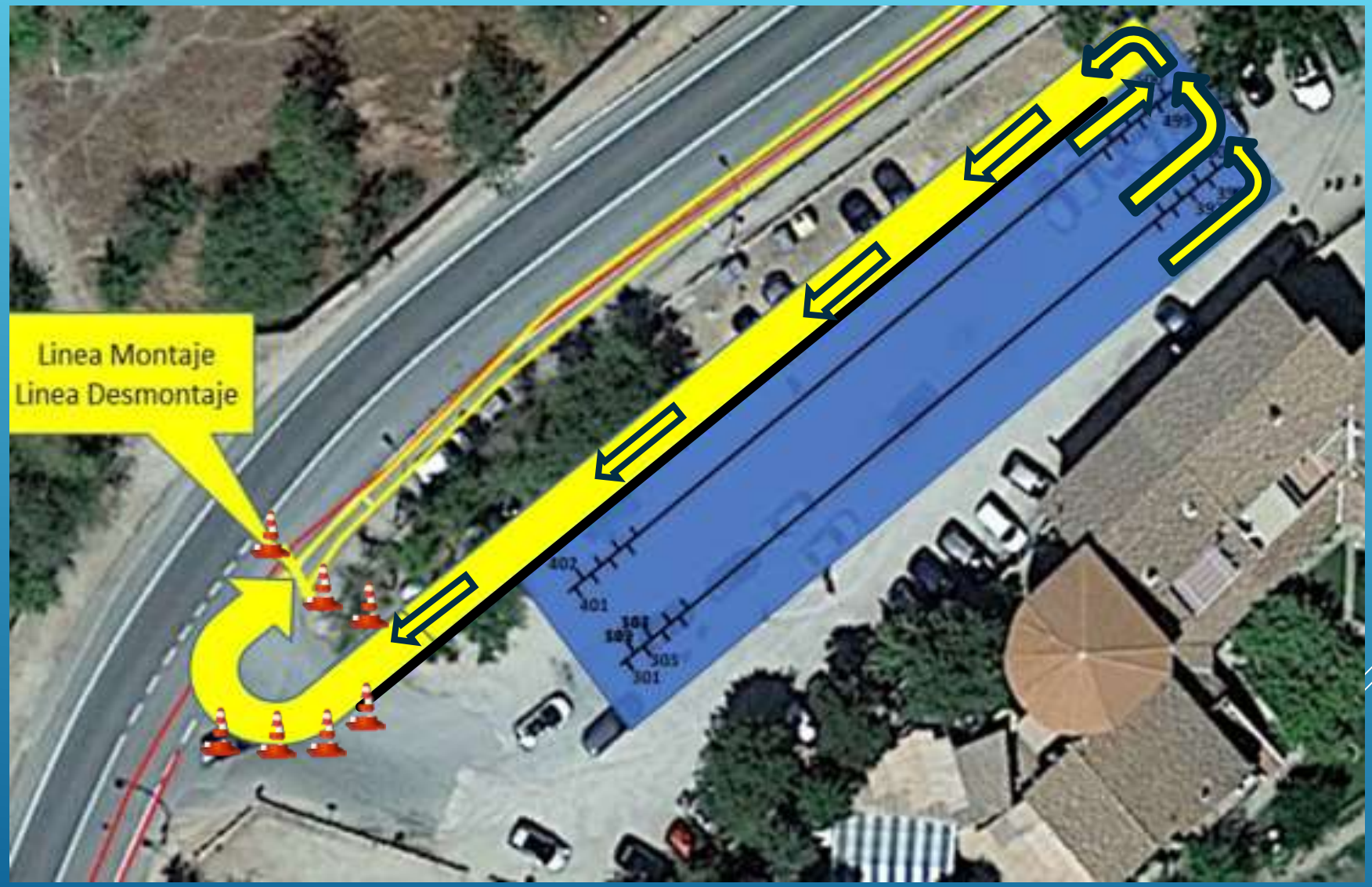
ÁREA DE TRANSICIÓN:

SEGMENTO DE NATACION: 1500MTS

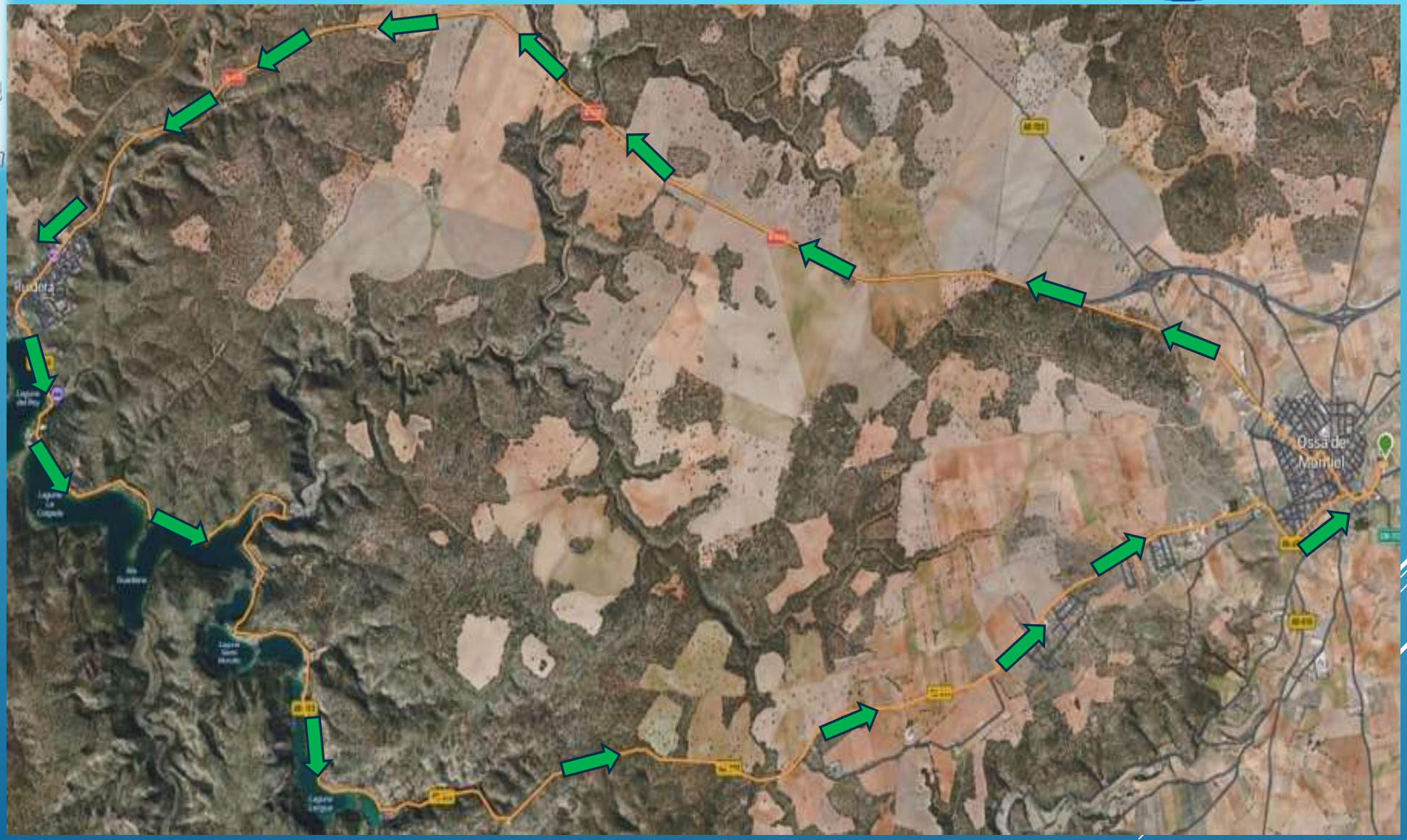
SALIDA SEGMENTO NATACIÓN AL AT: T1



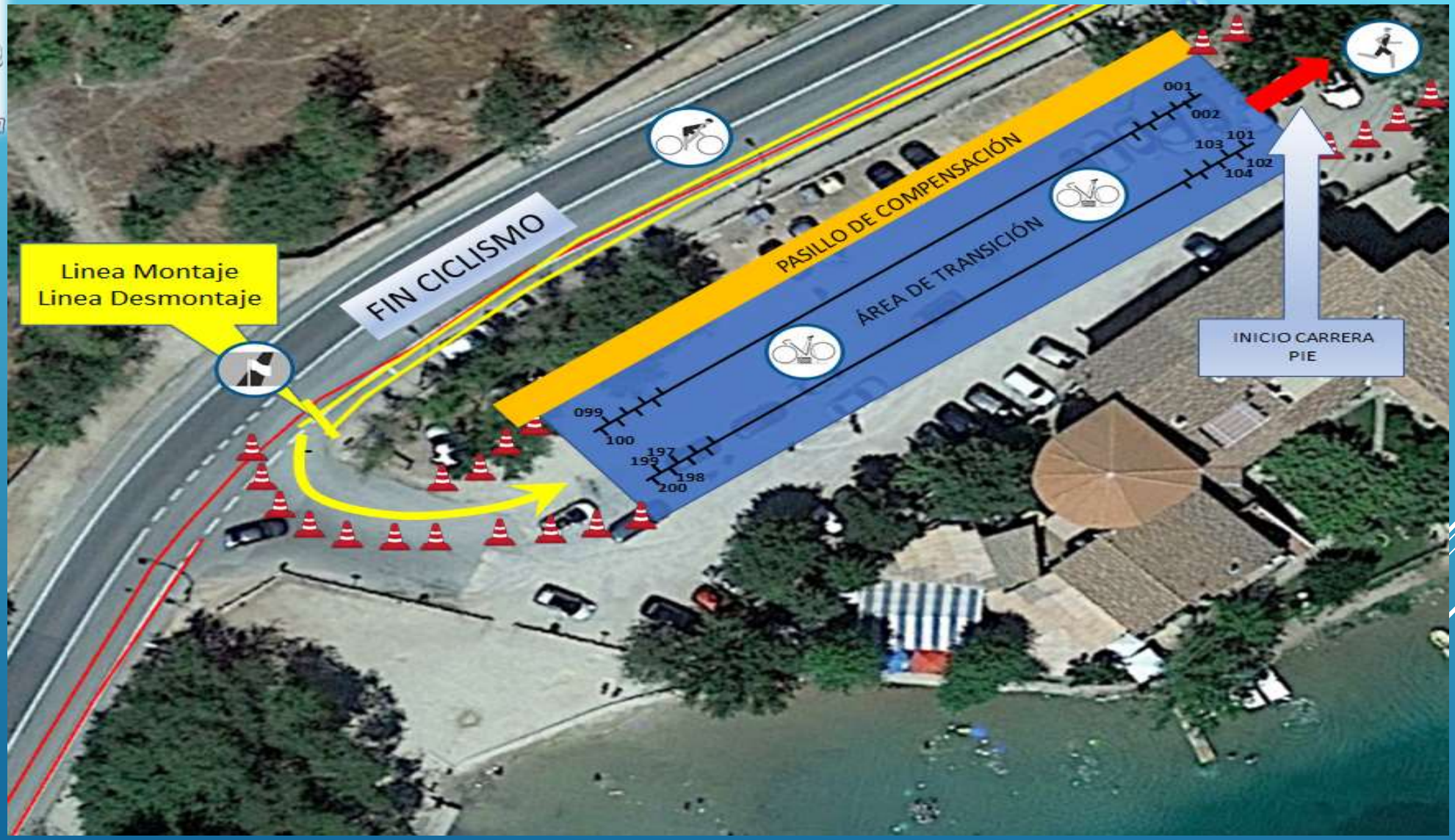
SALIDA AT(T1) AL SEGMENTO DE BICI:



SEGMENTO DE CICLISMO: 38 KM



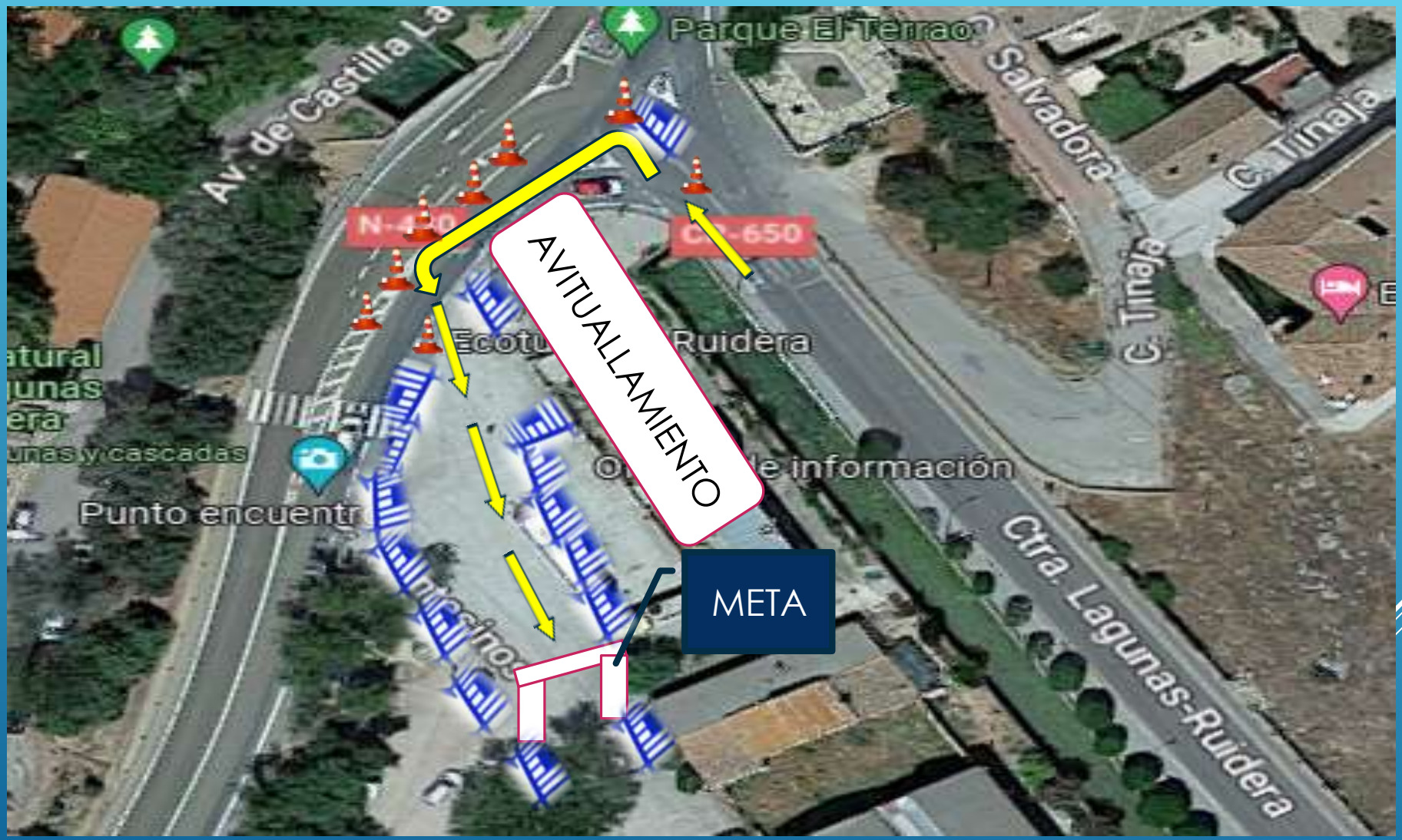
ENTRADA AL AT (T2) Y SALIDA CARRERA A PIE



ENLACE AL SEGMENTO CARRERA A PIE

SEGMENTO CARRERA A PIE: 10KM

GIRO A META:



Parque El Terrao
Av. de Castilla La
Salvadora
C. Tinaja
C. Tinaja
N-420
CR-650
Ruidera
AVITUALLAMIENTO
Punto encuentr
Ctra. Lagunas-Ruidera
META

BUENA SUERTE!!